

## APPETIZERS

### **Bruschetta alla Pomodoro \$9.50**

Fresh Roma tomatoes, basil, garlic, extra virgin olive oil, accompanied with our toasted Calabrese bread fresh drizzled with pesto and our balsamic reduction

### **Arancini (Rice Balls) \$9.95**

A classic comfort dish from southern Italy, creamy parmesan and rice balls, stuffed with mozzarella cheese, rolled in panko bread crumbs, fried golden crisp and served on a bed of our marinara sauce and drizzled with pesto oil.

### **Polenta Fries \$8.25**

Cornmeal is a pantry staple in Italy and we bring to you a modern twist to a classic rustic dish. Our homemade polenta is fried golden crisp just like fries, seasoned with cracked pepper and parmigiano cheese, served with Roasted Garlic Aioli and Marinara sauce

### **Peperoncini Ripieni (Stuffed Banana Peppers) \$10.95**

A Italian American classic, hot banana peppers stuffed with sausage, ricotta cheese and creamy risotto rice, simmered in Nona's pomodoro sauce and finished with parmesan

### **Calamari Fritti \$10.95**

Lightly dredged calamari, fried golden, crispy on the outside and tender inside. Served with sun dried tomato citrus aioli and lemon

### **Mussels Marinara \$9.95**

One pound of fresh steamed PEI Mussels in an herbed garlic tomato broth. Served with fresh Calabrese Bread

## SOUP & LUNCH SALADS

### **Chicken Caesar Salad \$11.95**

Our house Chicken Caesar - field fresh romaine lettuce tossed with ceasar dressing, parmigiano, roast chicken, bacon and house croutons.

### **Italian Antipaso Salad \$11.95**

Roasted red peppers, artichoke hearts, marinated eggplant, mixed greens, tomato, cucumber and boconcini cheese. Tossed in a white balsamic vinaigrette and finished with pesto oil.

### **Roasted Chicken & Pear Salad \$12.95**

Mixed greens, roasted chicken, pears, roasted red peppers, red onions, gorgonzola dressed with a white balsamic and olive oil.

### **Spinach & Warm Goat Cheese Salad \$11.95**

Fresh baby spinach, mandarin oranges, toasted almonds and shaved red onion tossed in a pomegranate vinaigrette topped with warm crusted goat cheese and balsamic reduction

### **Arancini & Salad \$11.25**

A classic comfort dish from southern Italy, creamy parmesan rice balls, stuffed with boconcini cheese, rolled in bread crumbs, fried golden crisp and served on a bed of our marinara sauce and drizzled with pesto oil.

### **Calamari & Salad \$11.25**

Lightly dredged calamari, fried golden, crispy on the outside and tender inside. Served with our house or ceasar salad and sun dried tomato citrus aioli

### **Frittata of the Day \$9.95**

An Italian style omlette served with a side salad or soup

### **Soup of the Day \$4.50**

## PIZZA

All 6 inch Lunch Pizzas are served with a choice of a house salad, soup, or fresh cut fries

### **Pepperoni \$9.50      12 inch \$13.50**

Italian pepperoni, three cheese blend and a tomato basil sauce

### **Margrietta \$9.50      12 inch \$13.50**

Mozzarella Bocconcini cheese, fresh basil, pesto and a tomato sauce

### **Abruzzo \$10.95      12 inch \$14.95**

Portobello and field mushrooms, mozzarella, goats cheese, roasted red pepper and a tomato pesto sauce

### **Calabrese \$10.95      12 inch \$14.95**

Spicy sausage, hot soprasatta, hot peppers, mozzarella and parmesan cheese with a tomato basil sauce.

## PARMIGIANA

All of our parmigiana are hand breaded to order, pan fried golden crisp and finished with Nona's pomodoro sauce, melted mozzarella and parmigiano cheese. Served with your choice of spaghetti or penne and a house salad

**Veal \$16.95**

**Chicken \$15.95**

**Eggplant \$14.95**

## PASTA

All Lunch Pastas are served with a house salad and fresh Calabrese bread

**Polpette (Meatball) \$10.95**

Spaghetti or penne served with Nona's meatball in "Nona's" pomodoro sauce

**Fettuccine Alfredo \$11.95**

Fresh fettuccini tossed with our own homemade Alfredo sauce, finished with Parmigiano cheese and ground nutmeg. **Add Chicken or Shrimp \$4.95**

**Penne alla Vodka \$13.95**

An American Italian favorite, penne in a vodka rose sauce with garlic and pancetta bacon

**Spaghetti con Aglio e Olio \$11.95**

Spaghetti tossed with extra virgin olive oil, roasted garlic, pancetta bacon and a touch of chilli flakes  
**Add Chicken or Shrimp \$4.95**

**Salsiccia Arbbiatta \$13.50**

Penne with spicy sausage, red and green pepper, red onion, chili paste and "Nona's" pomodoro sauce

**Penne Pollo \$14.50**

Penne, grilled chicken, sun dried tomatoes, red onion, finished with a garlic curry cream sauce. Yes believe it or not they use curry in Italy

## WRAPS

With your choice of Soup, Fresh Cut Fries or House Salad

**Roast Chicken Wrap \$12.95**

Oven roasted chicken breast with provolone, roasted garlic aioli, balsamic glaze, spinach and roasted red peppers.

**The Cordage Steak Wrap \$13.95**

A tribute to the industry and laborers who built Welland's eastside. Shaved Black Angus beef with caramelized onions, sautéed Portobello and button mushrooms, provolone, mozzarella cheeses and sun-dried tomato aioli

**Crispy Eggplant Wrap \$12.95**

Breaded eggplant fried golden with mozzarella cheese, roasted garlic aioli, mixed greens and tomatoes

**Gardino Wrap \$12.95**

Grilled Portobello, roasted red peppers, artichoke hearts, marinated eggplant, mixed greens, balsamic glaze sun-dried tomato aioli and goats cheese

## PANINI

With your choice of Soup, Fresh Cut Fries or House Salad

**Polpette Roma (Meatball) \$10.50**

Nona's Meatballs on toasted Calabrese bread with Nona's pomodoro sauce and provolone cheese

**The Cantina \$11.95**

Prosciutto, soprasatta salami, provolone cheese, roasted red peppers, artichokes, roasted garlic aioli, on toasted Calabrese bread

**Grilled Pesto Chicken \$13.95**

Grilled fresh local chicken with caramelized onion, provolone cheese, pesto aioli, lettuce and tomato served on toasted Calabrese bread

**Chicken Parma Sangweechee \$14.95**

Hand breaded chicken pan fried golden crisp, smothered in Nona's pomodoro sauce, mozzarella, and Parmigiano cheese toasted on fresh Calabrese bread. It's a big sangweechee!

**Veal Parma Sangweechee \$14.95**

Hand breaded veal pan fried golden crisp, smothered in Nona's pomodoro sauce, mozzarella, and Parmigiano cheese, toasted on fresh Calabrese bread. It's a big sangweechee!

**TAXES AND GRATUITY NOT INCLUDED - 18% GRATUITY MAY BE APPLIED ON PARTIES LARGER THAN 8**