

APPETIZERS

Bruschetta alla Pomodoro \$10.50

Fresh Roma tomatoes, basil, garlic, extra virgin olive oil, accompanied with our toasted Calabrese bread fresh drizzled with pesto and our balsamic reduction **Add our house made Tomato Bruschetta Mix \$4.25**

Arancini (Rice Balls) \$11.50

A classic comfort dish from southern Italy, creamy parmesan and rice balls, stuffed with mozzarella cheese, rolled in panko bread crumbs, fried golden crisp and served on a bed of our marinara sauce and drizzled with pesto oil.

Polenta Fries \$9.95

Cornmeal is a pantry staple in Italy and we bring to you a modern twist to a classic rustic dish. Our homemade polenta is fried golden crisp just like fries, seasoned with cracked pepper and parmigiano cheese, served with Roasted Garlic Aioli and Marinara sauce

Peperoncini Ripieni (Stuffed Hot Banana Peppers) \$13.50

A Italian American classic, hot banana peppers stuffed with sausage, ricotta cheese and creamy risotto rice, simmered in Nona's pomodoro sauce and finished with parmesan

Calamari Fritti \$12.25

Lightly dredged calamari, fried golden, crispy on the outside and tender inside. Served with sun dried tomato citrus aioli and lemon

Mussels Marinara \$11.25

One pound of fresh steamed PEI Mussels in an herbed garlic tomato broth. Served with fresh Calabrese Bread

SOUP & LUNCH SALADS

Chicken Caesar Salad \$12.95

Our house Chicken Caesar - field fresh romaine lettuce tossed with Caesar dressing, parmigiano, roast chicken, bacon and house croutons.

Roasted Chicken & Pear Salad \$14.50

Mixed greens, roasted chicken, pears, roasted red peppers, red onions, gorgonzola dressed with a white balsamic and olive oil.

Spinach & Warm Goat Cheese Salad \$13.50

Fresh baby spinach, mandarin oranges, toasted almonds and shaved red onion tossed in a pomegranate vinaigrette topped with warm crusted goat cheese and balsamic reduction

Arancini & Salad \$12.50

A classic comfort dish from southern Italy, creamy parmesan rice balls, stuffed with bocconcini cheese, rolled in bread crumbs, fried golden crisp and served on a bed of our marinara sauce and drizzled with pesto oil. **Caesar add \$1.75**

Calamari & Salad \$12.50

Lightly dredged calamari, fried golden, crispy on the outside and tender inside. Served with our house or Caesar salad and sun dried tomato citrus aioli

Frittata of the Day \$11.50

Soup of the Day \$4.95

An Italian style omlette served with a side salad or soup

PIZZA

All 6 inch Lunch Pizzas are served with a choice of a house salad (Caesar add \$1.75), soup, or fresh cut fries

Pepperoni \$10.50 12 inch \$14.95

Italian pepperoni, three cheese blend and a tomato basil sauce

Margrietta \$10.50 12 inch \$14.95

Mozzarella Bocconcini cheese, fresh basil, pesto and a tomato sauce

Abruzzo \$11.95 12 inch \$16.25

Portobello and field mushrooms, mozzarella, goats cheese, roasted red pepper and a tomato pesto sauce

Calabrese \$11.95 12 inch \$16.25

Spicy sausage, hot soprasatta, hot peppers, mozzarella and parmesan cheese with a tomato basil sauce.

PARMIGIANA

All of our parmigiana are hand breaded to order, pan fried golden crisp and finished with Nona's pomodoro sauce, melted mozzarella and parmigiano cheese. Served with your choice of spaghetti or penne and a house salad
Caesar Salad add \$1.75

Veal \$18.95

Chicken \$17.95

Eggplant \$16.95

PASTA

All Lunch Pastas are served with a house salad (Caesar add \$1.75) and fresh Calabrese bread

Polpette (Meatball) \$11.95

Spaghetti or penne served with Nona's meatball in "Nona's" pomodoro sauce

Fettuccine Alfredo \$12.95

Fresh fettuccini tossed with our own homemade Alfredo sauce, finished with Parmigiano cheese and ground nutmeg. **Add Chicken \$5.50 or Shrimp \$6.95**

Penne alla Vodka \$14.95

An American Italian favorite, penne in a vodka rose sauce with garlic and pancetta bacon

Spaghetti con Aglio e Olio \$13.95

Spaghetti tossed with extra virgin olive oil, roasted garlic, pancetta bacon and a touch of chilli flakes
Add Chicken or Shrimp \$4.95

Salsiccia Arbbiatta \$15.50

Penne with spicy sausage, red and green pepper, red onion, chili paste and "Nona's" pomodoro sauce

Penne Pollo \$15.50

Penne, grilled chicken, sun dried tomatoes, red onion, finished with a garlic curry cream sauce. Yes believe it or not they use curry in Italy

WRAPS

With your choice of Soup, Fresh Cut Fries or House Salad (Caesar add \$1.75)

Roast Chicken Wrap \$13.95

Oven roasted chicken breast with provolone, roasted garlic aioli, balsamic glaze, spinach and roasted red peppers.

The Cordage Steak Wrap \$14.95

A tribute to the industry and laborers who built Welland's eastside. Shaved Black Angus beef with caramelized onions, sautéed Portobello and button mushrooms, provolone, mozzarella cheeses and roasted garlic aioli

Crispy Eggplant Wrap \$13.95

Breaded eggplant fried golden with mozzarella cheese, roasted garlic aioli, mixed greens and tomatoes

Gardino Wrap \$13.95

Grilled Portobello, roasted red peppers, artichoke hearts, marinated eggplant, mixed greens, balsamic glaze sun-dried tomato aioli and goats cheese

PANINI

With your choice of Soup, Fresh Cut Fries or House Salad (Caesar add \$1.75)

Polpette Roma (Meatball) \$11.50

Nona's Meatballs on toasted Calabrese bread with Nona's pomodoro sauce and provolone cheese

The Cantina \$12.95

Prosciutto, soprasatta salami, provolone cheese, roasted red peppers, artichokes, roasted garlic aioli, on toasted Calabrese bread

Grilled Pesto Chicken \$14.95

Grilled fresh local chicken with caramelized onion, provolone cheese, pesto aioli, lettuce and tomato served on toasted Calabrese bread

Chicken Parma Sangweechee \$15.50

Hand breaded chicken pan fried golden crisp, smothered in Nona's pomodoro sauce, mozzarella, and Parmigiano cheese toasted on fresh Calabrese bread. It's a big sangweechee!

Veal Parma Sangweechee \$15.95

Hand breaded veal pan fried golden crisp, smothered in Nona's pomodoro sauce, mozzarella, and Parmigiano cheese, toasted on fresh Calabrese bread. It's a big sangweechee!

TAXES AND GRATUITY NOT INCLUDED - 18% GRATUITY MAY BE APPLIED ON PARTIES LARGER THAN 8